

	Sunday August 9	Monday August 10	Tuesday August 11	Wednesday August 12	Thursday August 13	Friday August 14	Saturday August 15
9:00 AM			STOTT Mat Pilates		Intermediate-Advanced Pilates		
9:15 AM			Piper Morgan Hayes		Elisa Hildner		
9:30 AM			ALL LEVELS		INTERMEDIATE-ADVANCED		
9:45 AM							
10:00 AM		Ballet	Contemporary	Ballet	Finding Form into Phrase Flow	Contemporary Ballet	Conditioning & Hydration
10:15 AM		Ella Rosewood	Liz Sexe	Constance Anderson	Catey Ott Thompson	Elisabeth Roskopf	Natalia Schradle
10:30 AM		ALL LEVELS	INTERMEDIATE-ALL LEVELS	ALL LEVELS	INTERMEDIATE-ALL LEVELS	INTERMEDIATE-ADVANCED	ALL LEVELS
10:45 AM							
11:00 AM							Inversions at the Wall
11:15 AM							Megan Thompson
11:30 AM		Latin Contemporanio	Yoga/Mobility Work	Somatic Practice: Grounding Flow	Chinese Dance	Imagery & Mindful Movement	INTERMEDIATE-ADVANCED
11:45 AM		Alfonso Cervera	Nicole Roerick	Collette Stewart	Ying Xu	Cynthia Adams	
12:00 PM		ALL LEVELS	ALL LEVELS	ALL LEVELS	ALL LEVELS	ALL LEVELS	
12:15 PM							
12:30 PM							
12:45 PM							
1:00 PM	Orientation & Welcome Zoom	Creative Workshop	Creative Workshop	Creative Workshop	Creative Workshop	Creative Workshop	
1:15 PM		Li Chiao-Ping (Dianne Kotsonis asst)	Li Chiao-Ping (Dianne Kotsonis asst)	Li Chiao-Ping (Dianne Kotsonis asst)	Li Chiao-Ping (Dianne Kotsonis asst)	Li Chiao-Ping (Dianne Kotsonis asst)	
1:30 PM		ALL LEVELS	ALL LEVELS	ALL LEVELS	ALL LEVELS	ALL LEVELS	
1:45 PM		**5 day requirement**	**5 day requirement**	**5 day requirement**	**5 day requirement**	**5 day requirement**	
2:00 PM	Improvisation						
2:15 PM	Alfonso Cervera ALL LEVELS						
2:30 PM							
2:45 PM		Contemporary		Finding Form into Phrase Flow		Improv/Phrase work	
3:00 PM		Liz Sexe		Catey Ott Thompson		John Crim	
3:15 PM		INTERMEDIATE-ALL LEVELS		INTERMEDIATE-ALL LEVELS		INTERMEDIATE-ADVANCED	
3:30 PM							
3:45 PM							
4:00 PM							
7:30 PM						SEED PERFORMANCE	SEED PERFORMANCE
7:45 PM							
8:00 PM							
8:15 PM							POST PERFORMANCE CELEBRATION!
8:30 PM							